Title: lifting of covid-19 Restrictions Date of Assessment: July 2021 Site Location: England Task/ Process: operation of health clubs in England People at Risk: Employees, Contractors, Visitors, Members

Hazard: COVID-19 TRANSMISSION GENERAL STRATEGY - IF THE CONTROL MEASURES ARE NOT FOLLOWED THE RISK OF TRANSMISSION OF COVID-19 COULD BE INCREASED

	Control Measures
1	PEOPLE WILL NOT BE PERMITTED TO ENTER THE SITE WHO HAVE COVID-19 SYMPTOMS (A NEW COUGH, HIGH TEMP OR ANOSMIA) LIVE WITH PEOPLE WHO HAVE SYMPTOMS OR HAVE BEEN NOTIFIED TO SELF ISOLATE
2	TEMPERATURE SCREENING IS IN PLACE FOR ALL EMPLOYEES WHO ENTERTHE SITE, ACCESS WILL BE DENIED FOR THOSE WITH A HIGH TEMPERATURE AS PER THE RMP
3	INDIVIDUALS ENTERING THE SITE WILL BE ENCOURAGED TO MAINTAIN CLEAN HANDS, HAND SANITISER DISPENSERS WILL BE POSITIONED AT KEY LOCATIONS AROUND THE FACILITY.
4	ALL AREAS WILL BE SUBJECT TO A MINIMUM OF 2 DEEP CLEAN AND VENTS (DCV) DURING NORMAL OPERATING HOURS USING A VIRUCIDAL DISINFECTANT WHICH MEETS BS EN 14476 AND IN ACCORDANCE WITH THE DCV GUIDELINES/LOG
5	CLEANING STATIONS PROVIDED AT KEY LOCATIONS AROUND THE FACILITY TO PROMOTE A CLEAN AS YOU USE MESSAGE
6	ALL MEMBERS WILL SIGN IN (WRISTBAND) & ALL STAFF WILL BE RECORDED VIA DEPUTY. ALL OTHER PEOPLE (INCLUDING THIRD PARTY STAFF/CLIENTS) WILL BE RECORDED VIA VISITORS BK, (NAME PHONE NO, TIME IN/OUT) IN ORDER TO COMPLY WITH OUR OUTBREAK MANAGEMENT PLAN
7	THE FACILITY WILL REMAIN WELL VENTILATED TO REDUCE THE TRANSMISSION RISK EVEN FURTHER, THE VENTILATION SYSTEM WILL OPERATE DRAWING IN AS MUCH FRESH AIR AS ALLOWS.POORLY VENTILATED AREAS WILL BE IDENTIFIED
8	A FACE COVERING MUST BE WORN WHEN THE TASK INDICATES THIS AS A REQUIREMENT AS PER THE RMP (SPA TREATMENT/ADMINISTERING FIRST AID)
9	ANY COVID-19 RELATED INCIDENTS WILL BE REPORTED FOR FURTHER INVESTIGATION AS PER THE RISK MITIGATION PLAN (RMP) IN THE EVENT OF AN OUTBREAK, THE LOCAL PHE WILL BE INFORMED BY THE GROUP HS COMPLIANCE MANAGER AND THE OUTBREAK PLAN FOLLOWED
10	AN NHS QR CODE POSTER WILL BE DISPLAYED AT SITES IN ENGLAND, WALES & SCOTLAND FOR USERS TO SCAN WITH THE NHS COVID APP

hazard:COVID -19 TRANSMISSION ENTERING THE CLUB - IF THE CONTROL MEASURES ARE NOT FOLLOWED THE RISK OF TRANSMISSION OF COVID-19 COULD BE INCREASED.

Control Measures

- 1 ANY DOORS TO ENTER/EXIT THE FACILITY WHICH ARE NOT AUTOMATIC WILL BE SECURED IN AN OPEN POSITION TO AVOID ADDITIONAL TOUCH POINTS AND AID VENTILATION.
- 2 SIGNAGE WILL BE DISPLAYED IN A PROMINENT LOCATION ADVISING USERS TO STAY AWAY IF THEY HAVE BEEN INSTRUCTED TO ISOLATE, THEMSELVES OR SOMEONE IN THEIR HOUSEHOLD IS DISPLAYING COVID-19 SYMPTOMS
- THE AREA WILL HAVE A MINIMUM OF 2 DCV DURING NORMAL OPERATING HOURS IN ACCORDANCE WITH THE DCV GUIDELINES/LOG AND ENSURING ANY DOORS ARE FULLY OPENED EXCLUDING FIRE DOORS/INCLUDING AUTOMATIC DOORS FOR THE DURATION OF THE DCV

hazard: COVID-19 TRANSMISSION RECEPTION - IF THE CONTROL MEASURES ARE NOT FOLLOWED THE RISK OF TRANSMISSION OF COVID-19 COULD BE INCREASED.

Control Measures

- 1 EMPLOYEES ON RECEPTION SHOULD AVOID DIRECT FACE TO FACE CONTACT WITH OTHERS, STEP BACK INTO SAFE SPACE WHEN SERVING A CUSTOMER (FOR EXAMPLE TAKING A WRISTBAND PAYMENT) AND MAINTAIN TWO METRES DISTANCE FROM OTHER COLLEAGUES WHILST IN WORK
- 2 NO CASH WILL BE HANDLED PAYMENTS USING CARDS OR WRISTBAND WILL ONLY BE ACCEPTED.
- THE RECEPTION AREA WILL HAVE A MINIMUM OF 2 DCV DURING NORMAL OPERATING HOURS IN ACCORDANCE WITH THE DCV GUIDELINES/LOG AND ENSURING ANY DOORS ARE FULLY OPENED EXCLUDING FIRE DOORS/INCLUDING AUTOMATIC DOORS FOR THE DURATION OF THE DCV
- 4 ENSURE ALL VISITORS SIGN INTO OUR FACILITY (INCLUDING 3RD PARTY STAFF/CLIENTS) (NAME, PHONE NO & TIME IN/OUT) TO COMPLY WITH OUR OUTBREAK MANAGEMENT PLAN
- THE CONTRACTOR WILL BE REQUIRED TO COMPLETE A PERMISSION/PERMIT TO WORK AFTER EXCHANGE OF THIS DOCUMENT THE EMPLOYEES HAND MUST BE WASHED OR SANITISED.
- 6 EMPLOYEES WILL WASH THEIR HANDS WITH SOAP AND WATER FOR AT LEAST 20 SECONDS AT THE NEAREST WASH HAND BASIN FREQUENTLY THROUGHOUT THE DAY.
- A BRAKES HARD SURFACE SANITISER IN A TRIGGER BOTTLE AND PAPER TOWEL WILL BE READILY AVAILABLE BEHIND RECEPTION TO FACILITATE EXTRA CLEANING AS AND WHEN REQUIRED FOR EXAMPLE CHANGE IN SHIFT
- 8 EMPLOYEES WILL ADHERE TO THE CLEAN AS YOU USE SYSTEM, CLEANING EQUIPMENT BEFORE AND AFTER USE.
- 9 ANYONE HANDLING USED TOWELS MUST WEAR LEVEL 2 PPE AS PER THE RMP
- 10 ANY MEMBERS WHO CANNOT SWIPE IN WITH THEIR WRIST BAND WILL HAVE A MANUAL GATE ENTRY RECORDED
- 11 LOAN WRISTBANDS WILL BE CLEANED AND DISINFECTED IN BETWEEN USE AS PER THE RMP OPERATING GUIDELINES

hazard: COVID-19 TRANSMISSION FOYER AREA - IF THE CONTROL MEASURES ARE NOT FOLLOWED THE RISK OF TRANSMISSION OF COVID-19 COULD BE INCREASED

Control Measures

- 1 TEMPERATURE SCREENING IS IN PLACE FOR ALL EMPLOYEES
- 2 A HAND SANITISER DISPENSER POINT WILL BE PROVIDED BEFORE ENTRY INTO CLUB (TURNSTILES) HAND SANITISING IS MANDATORY FOR EMPLOYEES AND ENCOURAGED FOR OTHERS SIGNAGE ON HOW TO USE THE SANITISER WILL BE IN PLACE.
- 3 SIGNAGE WILL BE IN PLACE REMINDING THOSE WHO NEED TO ISOLATE OR ARE DISPLAYING COVID-19 SYMPTOMS NOT TO USE FACILITY.
- 4 ALL PEOPLE VISITING THE SITE WILL BE RECORDED IN THE VISITOR BOOK AND DETAILS RETAINED ((NAME, PHONE NO & TIME IN/OUT) IN ORDER TO COMPLY WITH OUR OUTBREAK MANAGEMENT PLAN
- THE AREA WILL HAVE A MINIMUM OF 2 DCV DURING NORMAL OPERATING HOURS IN ACCORDANCE WITH THE DCV GUIDELINES/LOG AND ENSURING ANY DOORS ARE FULLY OPENED EXCLUDING FIRE DOORS/INCLUDING AUTOMATIC DOORS FOR THE DURATION OF THE DCV
- 6 ANY FACILITIES WITH AN ENTRANCE PRIOR TO THE TURNSTILE WILL HAVE AN ADDITIONAL WALL MOUNTED HAND SANITISER IN PLACE.

hazard: COVID-19 TRANSMISSION CAFE BAR - IF THE CONTROL MEASURES ARE NOT FOLLOWED THE RISK OF TRANSMISSION OF COVID-19 COULD BE INCREASED.

Control Measures

- 1 EMPLOYEES SHOULD AVOID DIRECT FACE TO FACE CONTACT WITH OTHERS, STEP BACK INTO SAFE SPACE WHEN SERVING A CUSTOMER (FOR EXAMPLE TAKING A WRISTBAND PAYMENT) AND MAINTAIN TWO METRES DISTANCE FROM OTHER COLLEAGUES WHILST IN WORK
 - A FACE COVERING OR VISOR SHOULD BE WORN BY WAITING STAFF IN FACILITIES THAT OPERATE FULL TABLE SERVICE, WHERE THE CUSTOMER ORDERS AND IS SERVED AT THEIR TABLE. THIS WOULD ALSO APPLY TO EVENTS CONDUCTED IN THE SAME WAY.
- NO CASH WILL BE HANDLED PAYMENTS USING CARDS OR WRISTBAND WILL ONLY BE ACCEPTED.
- IF THERE IS MORE THAN ONE EMPLOYEE WORKING AT THE CAFE BAR, TWO METRES DISTANCE SHOULD BE MAINTAINED IN ALL AREAS (BACK OF HOUSE KITCHEN/STORAGE ETC)
- 4 NO NEWSPAPERS/MAGAZINES ETC WILL BE PROVIDED.
- THE AREA WILL HAVE A MINIMUM OF 2 DCV DURING NORMAL OPERATING HOURS IN ACCORDANCE WITH THE DCV GUIDELINES/LOG AND ENSURING ANY DOORS ARE FULLY OPENED EXCLUDING INTERNAL FIRE DOORS/INCLUDING AUTOMATIC DOORS FOR THE DURATION OF THE DCV
- 6 SOAP AND PAPER TOWELS AND GUIDANCE WILL BE PROVIDED AND MAINTAINED AT ALL WASH HAND BASINS AND EMPLOYEES WILL WASH THEIR HANDS WITH SOAP AND WATER FOR AT LEAST 20 SECONDS FREQUENTLY THROUGHOUT THE DAY.
- 7 EMPLOYEES WILL ADHERE TO THE CLEAN AS YOU USE SYSTEM FOR CLEANING EQUIPMENT AND FOOD AREAS IN CAFE BAR WITH THE BRAKES HARD SURFACE SANITISER (FOOD SAFE).
- NAMES AND CONTACT NUMBERS OF LEAD VISITORS EATING AT THE FACILITIES THAT ARE NOT MEMBERS WILL BE RECORDED AND RETAINED IN ACCORDANCE WITH GDPR AND OUR OUTBREAK MANAGEMENT PLAN

- 9 FOOD OR ITEMS BEING PASSED FROM THE KITCHEN TO FRONT OF HOUSE SHOULD BE PUT IN THE COLLECTION ZONE SO EMPLOYEES CAN AVOID DIRECT CONTACT
- 10 THE FACILITY OPERATES AS A FULL CATERING SITE THEREFORE PLEASE REFER TO THE SEPARATE RA FOR THIS FACILITY (FULL CATERING SITES ONLY)
- 11 ALCOHOL SALES WILL BE PERMITTED AND DOES NOT REQUIRE TABLE SERVICE
- 12 ANY PLAY AREAS CONNECTED TO CAFE BARS WILL REMAIN CLOSED.
- THE DRINKS CONDIMENT STATION WILL ONLY BE PROVIDED WHERE THERE IS A HAND SANITISER IN SITU AND SIGNAGE REMINDING CUSTOMERS TO SANITISE

 13 THEIR HANDS BEFORE AND AFTER USE, CLEANING OF THE MILK FLASK WILL BE UNDERTAKEN BY EMPLOYEES TWO HOURLY USING THE BRAKES HARD SURFACE SANITISER AS PER THE DCV GUIDELINES/LOG
- TABLE MENUS OR CUTLERY WILL NOT BE LEFT OUT FOR CUSTOMERS. THESE WILL BE DISTRIBUTED FROM THE COUNTER TO INDIVIDUALS WHEN THEY COLLECT THEIR ORDER.
- 15 ALL CAFE BAR EMPLOYEES MUST WEAR A CLEAN CLOTH APRON CHANGED DAILY
- TABLE/CHAIRS AND CONDIMENTS WILL BE DISINFECTED AFTER USE AND BEFORE THE NEXT CUSTOMER. THIS MUST INCLUDE ANY HIGH CHAIRS THAT ARE IN USE. A TABLE MARKER WILL CONFIRM DISINFECTION HAS BEEN CARRIED OUT

hazard: COVID-19 TRANSMISSION OFFICES - IF THE CONTROL MEASURES ARE NOT FOLLOWED THE RISK OF TRANSMISSION OF COVID-19 COULD BE INCREASED.

Control Measures

- 1 OFFICES WILL BE USED BY ONE EMPLOYEE UNLESS EMPLOYEES CAN MAINTAIN TWO METRES APART
- 2 BRAKES HARD SURFACE SANITISER IN A TRIGGER BOTTLE AND PAPER TOWEL WILL BE READILY AVAILABLE IN ALL OFFICE SPACES TO FACILITATE EXTRA CLEANING
- 3 EMPLOYEES WILL HAVE THEIR OWN EQUIPMENT (WHERE POSSIBLE) SHARED EQUIPMENT MUST BE DISINFECTED IN BETWEEN USE.
- 4 EMPLOYEES WILL ADHERE TO THE CLEAN AS YOU USE SYSTEM, CLEANING EQUIPMENT BEFORE AND AFTER USE (EXAMPLE TOUCH BUTTONS ON KEYBOARD OR PHOTOCOPIER)
- THE AREA WILL HAVE A MINIMUM OF 2 DCV DURING NORMAL OPERATING HOURS IN ACCORDANCE WITH THE DCV GUIDELINES/LOG AND ENSURING ANY DOORS ARE FULLY OPENED FOR THE DURATION OF THE DCV (EXCLUDING INTERNAL FIRE DOORS)
- 6 EMPLOYEES WILL WASH THEIR HANDS WITH SOAP AND WATER FOR AT LEAST 20 SECONDS AT THE NEAREST WASH HAND BASIN OR USE THE HAND SANITISER FREQUENTLY THROUGHOUT THE DAY

hazard: COVID-19 TRANSMISSION USE OF LIFT - IF THE CONTROL MEASURES ARE NOT FOLLOWED THE RISK OF TRANSMISSION OF COVID-19 COULD BE INCREASED.

Control Measures

1 MORE THAN ONE EMPLOYEE AT A TIME SHOULD NOT USE THE LIFT UNLESS THEY CAN MAINTAIN TWO METRES

2 THE LIFT WILL HAVE A MINIMUM OF 2 DEEP CLEANS DURING NORMAL OPERATING HOURS IN ACCORDANCE WITH THE DCV GUIDELINES/LOG

hazard: COVID-19 TRANSMISSION WC FACILITIES IF THE CONTROL MEASURES ARE NOT FOLLOWED THE RISK OF TRANSMISSION OF COVID-19 COULD BE INCREASED

Control Measures

- ADEQUATE SUPPLIES OF SOAP AND PAPER TOWEL WILL BE PROVIDED AND MAINTAINED AT WASH HAND BASINS (PAPER TOWEL WHERE NO HAND 1 DRYER IS IN PLACE
- THE AREA WILL HAVE A MINIMUM OF 2 DCV DURING NORMAL OPERATING HOURS IN ACCORDANCE WITH THE DCV GUIDELINES/LOG AND ENSURING ANY DOORS ARE FULLY OPENED FOR THE DURATION OF THE DCV (EXCLUDING INTERNAL FIRE DOORS)
- 3 SIGNAGE WILL BE IN PLACE ADVISING MEMBERS THEY MUST GIVE WAY TO THOSE EXITING THE FACILITY
- 4 SIGNAGE WILL BE IN PLACE TO INDICATE EFFECTIVE HAND WASHING PROCEDURE

hazard: : COVID-19 TRANSMISSION CHANGING ROOMS/FAMILY CHANGE - IF THE CONTROL MEASURES ARE NOT FOLLOWED THE RISK OF TRANSMISSION OF COVID-19 COULD BE INCREASED

Control Measures

- EMPLOYEES CLEANING IN AREAS WHERE THERE IS AN INCREASED RISK OF COMING INTO CONTACT WITH THE SHEDDED VIRUS MUST WEAR LEVEL 2 PPE (AS 1 STATED IN RMP)
- THE AREA WILL HAVE A MINIMUM OF 2 DCV DURING NORMAL OPERATING HOURS IN ACCORDANCE WITH THE DCV GUIDELINES/LOG AND ENSURING ANY DOORS ARE FULLY OPENED FOR THE DURATION OF THE DCV (EXCLUDING INTERNAL FIRE DOORS)
- 3 SIGNAGE WILL BE IN PLACE ADVISING MEMBERS THEY MUST GIVE WAY TO THOSE EXITING THE AREA.
- 4 A CLEANING STATION WILL BE AVAILABLE TO FACILITATE THE CLEAN AS YOU USE SYSTEM.
- 5 ADEQUATE SUPPLIES OF SOAP WILL BE PROVIDED AND MAINTAINED AT WASH HAND BASINS AND PAPER TOWEL WHERE NO HAND DRYER IS IN PLACE.
- 6 SIGNAGE WILL BE IN PLACE AT WASH HAND BASINS TO INDICATE EFFECTIVE HAND WASHING PROCEDURE.
- SIGNAGE WILL BE IN PLACE REMINDING CUSTOMERS VENTILATION IN THE CHANGING AREA IS LIMITED, THEREFORE IF THE AREA IS CONGESTED THEY MAY
- 7 CHOOSE TO RETURN LATER
- 8 MEMBERS WILL BE ENCOURAGED TO ARRIVE ALREADY IN THEIR KIT TO REDUCE THE NUMBER OF CUSTOMERS USING THE CHANGING ROOMS.

hazard: COVID-19 TRANSMISSION STAFF REST AREAS - IF THE CONTROL MEASURES ARE NOT FOLLOWED THE RISK OF TRANSMISSION OF COVID-19 COULD BE INCREASED

Control Measures

STAFF REST AREAS WILL BE USED BY ONE EMPLOYEE AT A TIME UNLESS TWO METERS DISTANCE CAN BE MAINTAINED. IN AREAS WITH CAPACITY TO ACCOMODATE MORE THAN ONE EMPLOYEE, THE EMPLOYEES WILL ENSURE THEY SOCIALLY DISTANCE AT ALL

- 1 TIMES
- EMPLOYEES WILL ADHERE TO THE CLEAN AS YOU USE SYSTEM, CLEANING THE AREA/EQUIPMENT BEFORE AND AFTER USE USING THE BRAKES HARD SURFACE 2 SANITISER AND PAPER TOWEL WHICH WILL BE READILY AVAILABLE
- 3 HAND SOAP AND PAPER TOWELS WILL BE PROVIDED AND MAINTAINED AT ALL SINKS IN STAFF REST AREAS TO FACILITATE HAND WASHING
- STAFF USING THE FRIDGE IN THE REST AREA SHOULD ENSURE THAT THEY WIPE DOWN THEIR PACKAGING OR CONTAINERS WITH BRAKES SANITISER
 4 BEFORE PLACING IT IN THE FRIDGE AND PROCEEDING TO WASH OR SANITISE THEIR HANDS
- THE AREA WILL HAVE A MINIMUM OF 2 DCV DURING NORMAL OPERATING HOURS IN ACCORDANCE WITH THE DCV GUIDELINES/LOG AND ENSURING ANY DOORS ARE FULLY OPENED FOR THE DURATION OF THE DCV (EXCLUDING INTERNAL FIRE DOORS)

hazard: COVID-19 TRANSMISSION USE OF POOL - IF THE CONTROL MEASURES ARE NOT FOLLOWED THE RISK OF TRANSMISSION OF COVID-19 COULD BE INCREASED

Control Measures

- 1 THE MAXIMUM CAPACITY OF THE POOL WILL BE DISPLAYED AND CHECKS THAT THIS HAS NOT EXCCEDED MADE EVERY TWO HOURS (POOL WALKROUNDS)
- THE DISINFECTION LEVELS OF THE WATER WILL REMAIN IN PARAMETRE, TO ENSURE ADEQUATE DISINFECTION IS MAINTAINED, THE WATER QUALITY WILL BE CHECKED EVERY 2 HOURS AND CORRECTIVE ACTION TAKEN AS PER THE POOL DIARY OR POOL SHEETS IF THE WATER IS NOT WITHIN THE GREEN RANGE.
- BUOYANCY AIDS (NOODLES/FLOATS/WEIGHTS) WILL BE AVAILABLE FOR USE CUSTOMERS WILL BE ENCOURAGED TO CLEAN THE EQUIPMENT BEFORE AND
- 3 AFTER USE WITH THE DESIGNATED NON HAZARDOUS CLEANING CHEMICAL PROVIDED

4

- INDIVIDUALS WILL BE ENCOURAGED TO CLEAN THE POOLSIDE FURNITURE BEFORE AND AFTER USE WITH THE DESIGNATED NON HAZARDOUS CLEANING
- 5 CHEMICALS
- THE POOL AREA WILL HAVE A MINIMUM OF 2 DEEP CLEANS DURING NORMAL OPERATING HOURS IN ACCORDANCE WITH THE DCV GUIDELINES/LOG THIS WILL 6 INCLUDE TOUCH POINTS AND FURNITURE ETC

hazard: COVID-19 TRANSMISSION USE OF STEAM ROOM/SAUNA - IF THE CONTROL MEASURES ARE NOT FOLLOWED THE RISK OF TRANSMISSION OF COVID-19 COULD BE INCREASED

Control Measures

- 1 USERS WILL BE ENCOURAGED TO CLEAN THEIR SEATING AREA BEFORE AND AFTER USE WITH THE DESIGNATED NON HAZARDOUS CHEMICAL PROVIDED
 - THE STEAM ROOM WILL HAVE A MINIMUM OF 2 DCV DURING NORMAL OPERATING HOURS IN ACCORDANCE WITH THE DCV GUIDELINES/LOG AND ENSURING
- 2 ANY DOORS ARE FULLY OPENED FOR THE DURATION OF THE DCV

hazard: COVID-19 TRANSMISSION SPA POOL - IF THE CONTROL MEASURES ARE NOT FOLLOWED THE RISK OF TRANSMISSION OF COVID-19 COULD BE INCREASED

Control Measures

- THE DISINFECTION LEVELS OF THE WATER WILL REMAIN IN PARAMETRE, TO ENSURE ADEQUATE DISINFECTION IS MAINTAINED, THE ATER QUALITY WILL

 1 BE CHECKED EVERY 2 HOURS AND CORRECTIVE ACTION TAKEN AS PER THE POOL DIARY OR POOL SHEETS IF THE WATER IS NOT WITHIN THE GREEN RANGE.
- THE SPA AREA WILL HAVE A MINIMUM OF 2 DEEP CLEANS DURING NORMAL OPERATING HOURS IN ACCORDANCE WITH THE DCV GUIDELINES/LOG THIS WILL 2 INCLUDE TOUCH POINTS AND FURNITURE ETC

hazard: COVID-19 TRANSMISSION USE OF BUBBLE POOL - IF THE CONTROL MEASURES ARE NOT FOLLOWED THE RISK OF TRANSMISSION OF COVID-19 COULD BE INCREASED

Control Measures

- THE DISINFECTION LEVELS OF THE WATER WILL REMAIN IN PARAMETRE AT ALL TIMES TO ENSURE ADEQUATE DISINFECTION IS MAINTAINED, THIS WILL BE CHECKED EVERY 2 HOURS AND CORRECTIVE ACTION TAKEN AS PER THE POOL DIARY OR POOL SHEETS.
- THE AREA WILL HAVE A MINIMUM OF 2 DEEP CLEANS DURING NORMAL OPERATING HOURS IN ACCORDANCE WITH THE DCV GUIDELINES/LOG THIS WILL INCLUDE TOUCH POINTS AND FURNITURE ETC

hazard: COVID-19 TRANSMISSION CORRIDORS/STAIRCASES IF THE CONTROL MEASURES ARE NOT FOLLOWED THE RISK OF TRANSMISSION OF COVID-19 COULD BE INCREASED

Control Measures

- 1 FLOOR MARKERS WILL BE IN PLACE TO REMIND CUSTOMERS WHICH DIRECTION OR SIDE TO STAY ON
- THE AREA WILL HAVE A MINIMUM OF 2 DEEP CLEANS DURING NORMAL OPERATING HOURS IN ACCORDANCE WITH THE DCV GUIDELINES/LOG THIS WILL INCLUDE TOUCH POINTS ETC

hazard: COVID-19 TRANSMISSION SPIN STUDIO - IF THE CONTROL MEASURES ARE NOT FOLLOWED THE RISK OF TRANSMISSION OF COVID-19 COULD BE INCREASED.

Control Measures

A CLEANING STATION WILL BE AVAILABLE TO FACILITATE THE CLEAN AS YOU USE SYSTEM AND THE CLEANING OF THE BIKES BY PARTICIPANTS WILL 1 PROMPTED BY THE INSTRUCTOR AT THE START/END OF THE CLASS

- THE AREA WILL HAVE A MINIMUM OF 2 DCV DURING NORMAL OPERATING HOURS IN ACCORDANCE WITH THE DCV GUIDELINES/LOG AND ENSURING ANY DOORS/WINDOWS ARE FULLY OPENED FOR THE DURATION OF THE DCV (EXCLUDING INTERNAL FIRE DOORS)
- CLASSES SHOULD NOT BE TIMETABLED TO START/END SIMULTANEOUSLY (MINIMUM OF 5 MINUTES GAP SHOULD BE IN PLACE) IN THE SAME STUDIO OR 3 STUDIOS IN CLOSE PROXIMITY WHERE THIS WOULD CAUSE CONGESTION/GATHERING BY PARTICIPANTS ENTERING/LEAVING
- ENSURE THOSE ENTERING THE STUDIO MAINTAIN CLEAN HANDS, BY PROVIDING ADDITIONAL HAND SANITISER DISPENSERS AT KEY LOCATIONS AROUND 4 THE FACILITY
- THE INSTRUCTOR SHOULD AVOID SHOUTING, IF A MICROPHONE IS IN USE THIS SHOULD BE DISINFECTED BEFORE AND AFTER USE. MUSIC SHOULD NOT BE PLAYED AT A VOLUME MEANING THE INSTRUCTOR OR PARTICIPANTS WOULD NEED TO SHOUT TO BE HEARD. PARTICIPANTS WILL BE REMINDED TO RAISE THEIR HAND IF THEY WANT THE INSTRUCTORS ATTENTION.

hazard: COVID-19 TRANSMISSION STUDIOS - IF THE CONTROL MEASURES ARE NOT FOLLOWED THE RISK OF TRANSMISSION OF COVID-19 COULD BE INCREASED

Control Measures

- A CLEANING STATION WILL BE AVAILABLE TO FACILITATE THE CLEAN AS YOU USE SYSTEM AND THE CLEANING OF EQUIPMENT BY PARTICIPANTS WILL 1 PROMPTED BY THE INSTRUCTOR AT THE START/END OF THE CLASS
- THE AREA WILL HAVE A MINIMUM OF 2 DCV DURING NORMAL OPERATING HOURS IN ACCORDANCE WITH THE DCV GUIDELINES/LOG AND ENSURING ANY 2 DOORS/WINDOWS ARE FULLY OPENED FOR THE DURATION OF THE DCV (EXCLUDING INTERNAL FIRE DOORS)
- CLASSES SHOULD NOT BE TIMETABLED TO START/END SIMULTANEOUSLY (MINIMUM OF 5 MINUTES GAP SHOULD BE IN PLACE) IN THE SAME STUDIO OR STUDIOS IN CLOSE PROXIMITY WHERE THIS WOULD CAUSE CONGESTION/GATHERING BY PARTICIPANTS ENTERING/LEAVING
- ENSURE THOSE ENTERING THE STUDIO MAINTAIN CLEAN HANDS, BY PROVIDING ADDITIONAL HAND SANITISER DISPENSERS AT KEY LOCATIONS AROUND 5 THE FACILITY
- THE INSTRUCTOR SHOULD AVOID SHOUTING, IF A MICROPHONE IS IN USE THIS SHOULD BE DISINFECTED BEFORE AND AFTER USE. MUSIC SHOULD NOT BE PLAYED AT A VOLUME MEANING THE INSTRUCTOR OR PARTICIPANTS WOULD NEED TO SHOUT TO BE HEARD. PARTICIPANTS WILL BE REMINDED TO RAISE THEIR HAND IF THEY WANT THE INSTRUCTORS ATTENTION.

hazard: : COVID-19 TRANSMISSION GYM FLOOR OR MEZZANINE - IF THE CONTROL MEASURES ARE NOT FOLLOWED THE RISK OF TRANSMISSION OF COVID-19 COULD BE INCREASED

Control Measures

A MINIMUM OF ONE CLEANING STATION WILL BE AVAILABLE IN THE AREA TO FACILITATE THE CLEAN AS YOU USE SYSTEM, IN ADDITION TO EXTRA SIGNAGE 1 AND ANNOUNCEMENTS/D6 SCREEN REMIND USERS TO CLEAN DOWN.

- THE AREA WILL HAVE A MINIMUM OF 2 DCV DURING NORMAL OPERATING HOURS IN ACCORDANCE WITH THE DCV GUIDELINES/LOG AND ENSURING ANY DOORS/WINDOWS ARE FULLY OPENED FOR THE DURATION OF THE DCV (EXCLUDING INTERNAL FIRE DOORS)
- ENSURE THOSE ENTERING THE GYM AREA WILL MAINTAIN CLEAN HANDS, BY PROVIDING ADDITIONAL HAND SANITISER DISPENSERS AT KEY LOCATIONS
 3 AROUND THE FACILITY
- VENTILATION WILL BE MAINTAINED AROUND THE SITE TO DRAW IN AS MUCH FRESH AIR AS ALLOWS. WINDOWS WILL BE KEPT OPEN WHERE POSSIBLE 4 SUBJECT TO OTHER SAFETY RESTRICTIONS.
 - ONLY WATER FOUNTAINS THAT ALLOW A RECEPTACLE TO BE FILLED WILL BE IN USE WITH SIGNAGE ADVISING CLEAN BEFORE AND AFTER USE.
- 5 BUBBLER TAPS FOR FACE TO FACE DRINKING SHOULD BE TAKEN OUT OF USE.
- ANY STAND ALONE WATER OUTLETS OUT OF USE SUCH AS A WATER FOUNTAIN WITH ONLY A BUBBLER TAP MUST BE FLUSHED THROUGH WEEKLY AS 6 PER THE LITTLE USED WATER OUTLET PROCEDURE.

hazard: COVID-19 TRANSMISSION POOLSIDE SHOWERS - IF THE CONTROL MEASURES ARE NOT FOLLOWED THE RISK OF TRANSMISSION OF COVID-19 COULD BE INCREASED

Control Measures

THESE FACILITIES WILL HAVE A MINIMUM OF 2 DEEP CLEANS DURING NORMAL OPERATING HOURS IN ACCORDANCE WITH THE DCV GUIDELINES/LOG THIS WILL INCLUDE TOUCH POINTS ETC

hazard: COVID-19 TRANSMISSION RELAXATION ROOM - IF THE CONTROL MEASURES ARE NOT FOLLOWED THE RISK OF TRANSMISSION OF COVID-19 COULD BE INCREASED.

Control Measures

- THE AREA WILL HAVE A MINIMUM OF 2 DCV DURING NORMAL OPERATING HOURS IN ACCORDANCE WITH THE DCV GUIDELINES/LOG AND ENSURING ANY DOORS/WINDOWS ARE FULLY OPENED FOR THE DURATION OF THE DCV (EXCLUDING INTERNAL FIRE DOORS)
- ALL DRINKING/WATER STATIONS WILL BE TAKEN OUT OF USE UNLESS THEY ARE MAINS FED AND CAPABLE OF FILLING A RECEPTACLE. BOTTLE WATER WILL BE AVAILABLE TO PURCHASE.
- 3 ALL NON ESSENTIAL LITERATURE WILL BE REMOVED FROM THIS AREA (EXAMPLE MAGAZINES, PRICELISTS) AS THESE CANNOT BE CLEANED EFFECTIVELY.

 ENSURE THOSE ENTERING THIS AREA WILL MAINTAIN CLEAN HANDS, BY PROVIDING ADDITIONAL HAND SANITISER DISPENSERS AT KEY LOCATIONS AROUND
 4 THE FACILITY
- ANY STAND ALONE WATER OUTLETS OUT OF USE SUCH AS A WATER FOUNTAIN WITH ONLY A BUBBLER TAP MUST BE FLUSHED THROUGH WEEKLY AS 5 PER THE LITTLE USED WATER OUTLET PROCEDURE.

hazard: : COVID-19 TRANSMISSION THERAPY SPA IF THE CONTROL MEASURES ARE NOT FOLLOWED THE RISK OF TRANSMISSION OF COVID-19 COULD BE INCREASED

IIIONLAGED

Control Measures

- EMPLOYEES ON RECEPTION SHOULD AVOID DIRECT FACE TO FACE CONTACT WITH OTHERS, STEP BACK INTO SAFE SPACE WHEN SERVING A CUSTOMER (FOR 1 EXAMPLE TAKING A WRISTBAND PAYMENT) AND MAINTAIN TWO METRES DISTANCE FROM OTHER COLLEAGUES WHILST IN WORK
- A FACE COVERING OR VISOR WILL BE WORN BY THE THERAPIST FOR ALL TREATMENTS. CLIENTS WHO ARE NOT EXEMPT WILL BE ASKED TO WEAR A FACE COVERING FOR SPECIFIC TREATMENTS AS PER THE SPA SOPS
- 3 NO CASH WILL BE HANDLED PAYMENTS USING CARDS OR WRIST BAND WILL ONLY BE ACCEPTED.
- PRODUCTS, TESTERS AND LITERATURE WILL ONLY BE PROVIDED WHERE THERE IS A HAND SANITISER IN SITU AND SIGNAGE REMINDING CLIENTS TO SANITISE
- 4 THEIR HANDS
- TO REDUCE FOOTFALL OF CLIENTS IN THE SPA TREATMENT ROOMS, CLIENTS SHOULD BE ENCOURAGED TO ENGAGE IN LONGER TREATMENTS (WHERE 5 POSSIBLE)
- ALL DRINKING/WATER STATIONS WILL BE TAKEN OUT OF USE UNLESS THEY ARE CAPABLE OF FILLING A RECEPTACLE. ANY STAND
 ALONE WATER OUTLETS OUT OF USE SUCH AS A WATER FOUNTAIN WITH ONLY A BUBBLER TAP MUST BE FLUSHED THROUGH WEEKLY AS PER THE LITTLE
 6 USED WATER OUTLET PROCEDURE
- THE TREATMENT ROOMS WILL HAVE A MINIMUM OF 3 DCV (MID AM, MID SHIFT & CLOSE) DURING NORMAL OPERATING HOURS IN ACCORDANCE WITH THE 7 DCV GUIDELINES/LOG AND ENSURING ANY DOORS/WINDOWS ARE FULLY OPENED FOR THE DURATION OF THE DCV
- HAND WASHING WILL TAKE PLACE BY THE MEMBER/GUEST PRIOR TO THE TREATMENT AND AT THE END OF THE TREATMENT. THIS WILL TAKE PLACE IN 8 FRONT OF THE SPA EMPLOYEE IN THE TREATMENT ROOM. HAND SANITISER CAN BE USED AS AN ALTERNATIVE WHERE NO SINK IS INSTALLED.
- SPACE WILL BE AVAILABLE IN BETWEEN TREATMENT BOOKINGS TO ALLOW THE THERAPIST TO PREPARE THE ROOM FOR THE NEXT CUSTOMER AS PER THE 9 SPA OPERATING GUIDE AND PHOREST BOOKING SYSTEM.
- PEOPLE WILL NOT BE PERMITTED TO ENTER THE SITE WHO HAVE COVID-19 SYMPTOMS SUCH AS A NEW COUGH, HIGH TEMP OR ANOSMIA. CLIENT SCREENING FOR THIS WILL TAKE PLACE PRIOR TO AN APPOINTMENT USING THE NEW ONLINE SPA CHECK IN. IF THIS HAS NOT BEEN COMPLETED PRIOR TO ARRIVING AT THE FACILITY IT MUST BEEN COMPLETED ON ARRIVAL AT THE MAIN RECEPTION
- TO ENSURE THE CUSTOMER IS AWARE OF ALL THE INFORMATION RELEVANT TO THE HEALTH CLUB. A CONFIRMATION EMAIL IS ALSO SENT OUT TO 11 INCLUDE A LINK TO THE FAQ SECTION OF OUR WEBSITE.
- 12 CONFIRMATION CALLS TO BE CARRIED 24- 48 HOURS BY THE EMPLOYEES PRIOR TO A CUSTOMERS VISIT.
- USED TOWELS WILL BE HANDLED BY EMPLOYEES IN LEVEL 2 PPE. EMPLOYEES SHOULD NOT SHAKE USED LAUNDRY TO MINIMISE THE POSSIBILITY OF DISPERSING THE VIRUS THROUGH THE AIR

hazard: COVID-19 TRANSMISSION SPORT COURTS - IF THE CONTROL MEASURES ARE NOT FOLLOWED THE RISK OF TRANSMISSION OF COVID-19 COULD BE INCREASED

Control Measures

1 AT LEAST ONE CLEANING STATION WILL BE AVAILABLE TO FACILITATE THE CLEAN AS YOU USE SYSTEM IN AND AROUND THE SPORTS COURTS.

- ENSURE THOSE ENTERING THE SPORTS COURTS MAINTAIN CLEAN HANDS, BY PROVIDING ADDITIONAL HAND SANITISER DISPENSERS AT KEY LOCATIONS AROUND THE FACILITY.
- ANY LOANED EQUIPMENT WILL BE DISINFECTED AFTER USE, USING A VIRUCIDAL DISINFECTANT SANOSIL WHICH MEETS BS EN 14476 AND BEFORE BEING 3 LOANED OUT AGAIN.
- 4 USERS OF THE SPORTS COURTS WILL BE ENCOURAGED TO ARRIVE CHANGED TO AVOID CREATING EXTRA PRESSURE ON THE CHANGING AREAS.
- THE COURT AREA WILL HAVE A MINIMUM OF 2 DCV DURING NORMAL OPERATING HOURS IN ACCORDANCE WITH THE DCV GUIDELINES/LOG AND ENSURING 5 ANY DOORS/WINDOWS ARE FULLY OPENED FOR THE DURATION OF THE DCV (EXCLUDING INTERNAL FIRE DOORS)
- 6 PLEASE REFER TO A SEPARATE RISK ASSESSMENT FOR THESE FACILITIES

hazard: COVID-19 TRANSMISSION CRECHE FACILITIES - IF THE CONTROL MEASURES ARE NOT FOLLOWED THE RISK OF TRANSMISSION OF COVID-19 COULD BE INCREASED

Control Measures

1 PLEASE REFER TO A SEPARATE RISK ASSESSMENT FOR THESE FACILITIES

hazard: COVID-19 TRANSMISSION SOFT PLAY AREA/OUTDOOR PLAYGROUND IF THE CONTROL MEASURES ARE NOT FOLLOWED THE RISK OF TRANSMISSION OF COVID-19 COULD BE INCREASED

Control Measures

1 THESE FACILITIES REMAIN CLOSED AT THE PRESENT TIME

hazard: COVID-19 TRANSMISSION FIRST AID PROVISION IF THE CONTROL MEASURES ARE NOT FOLLOWED THE RISK OF TRANSMISSION OF COVID-19 COULD BE INCREASED

Control Measures

- 1 A FIRST AID QUALIFIED EMPLOYEE WILL BE ON SITE AT ALL TIMES WHEN THE SITE IS OPERATIONAL
- LIFE PRESERVATION OVERRIDES THE RISK OF TRANSMISSION, RESCUERS SHOULD PLACE A CLOTH/TOWEL OVER THE VICTIMS MOUTH AND NOSE AND ATTEMPT COMPRESSION ONLY CPR AND EARLY DEFIBRILLATION. IF THE SITUATION REQUIRES RESCUE BREATHS (DROWNING OR PEDIATRIC CASUALTY), THESE SHOULD TAKE PLACE USING A FACE SHIELD.
- EMPLOYEES SHOULD WEAR A FACE COVERING WHILST ADMINISTERING FIRST AID, UNLESS THE ACTION (I.E RESCUE BREATHS), PREVENTS YOU FROM DOING
- 3 THIS

hazard: COVID-19 TRANSMISSION LAUNDRY IF THE CONTROL MEASURES ARE NOT FOLLOWED THE RISK OF TRANSMISSION OF COVID-19 COULD BE INCREASED

Control Measures

- USED LAUNDRY WILL BE HANDLED BY EMPLOYEES IN LEVEL 2 PPE ONLY. EMPLOYEES SHOULD NOT SHAKE USED LAUNDRY TO MINIMISE THE POSSIBILITY OF 1 DISPERSING THE VIRUS THROUGH THE AIR
- 2 EQUIPMENT USED USED FOR TRANSPORTING LAUNDRY SHOULD BE DISINFECTED WITH SANOSIL VIRUCIDAL DISINFECTANT BEFORE AND AFTER USE.
 - FACILITIES USING EXTERNAL LAUNDRY CONTRACTORS SHOULD LIAISE WITH THEM TO ENSURE ITEMS ARE WASHED ON THE HOTTEST SETTING
- POSSIBLE ABOVE 60c AND DRIED COMPLETELY OR WASHED IN A VIRUCIDAL DETERGENT WHICH MEETS BS EN 14476 AND DRIED COMPLETELY.
- 4 A VIRUCIDAL DETERGENT (HALO) WHICH MEETS BS EN 14476 IS IN PLACE FOR ALL INTERNAL LAUNDRIES ALL ITEMS WILL BE WASHED USING THIS PRODUCT.
 - ALL ITEMS WASHED IN THE INTERNAL LAUNDRY WILL BE WASHED AT A TEMPERATURE THAT INACTIVATES COVID-19 USING THE PRE SELECTED
- 5 PROGRAMME.
- THE LAUNDRY AREA WILL HAVE A MINIMUM OF 2 DCV DURING NORMAL OPERATING HOURS IN ACCORDANCE WITH THE DCV GUIDELINES/LOG AND ENSURING ANY DOORS/WINDOWS ARE FULLY OPENED FOR THE DURATION OF THE DCV (EXCLUDING INTERNAL FIRE DOORS)

hazard: COVID-19 TRANSMISSION OTHER AREAS IF THE CONTROL MEASURES ARE NOT FOLLOWED THE RISK OF TRANSMISSION OF COVID-19 COULD BE INCREASED

Control Measures

1 VENDING MACHINES ETC WILL HAVE A MINIMUM OF 2 DEEP DURING CLEANS NORMAL OPERATING HOURS IN ACCORDANCE WITH THE DCV GUIDELINES/LOG

hazard: COVID-19 TRANSMISSION SUNBED ROOM IF THE CONTROL MEASURES ARE NOT FOLLOWED THE RISK OF TRANSMISSION OF COVID-19 COULD BE INCREASED.

Control Measures

- 1 BRAKES HARD SURFACE SANITISER AND PAPER TOWEL WILL BE AVAILABLE TO FACILITATE "CLEAN AS YOU USE SYSTEM"
- THE AREA WILL HAVE A MINIMUM OF 2 DCV DURING NORMAL OPERATING HOURS IN ACCORDANCE WITH THE DCV GUIDELINES/LOG AND ENSURING ANY 2 DOORS ARE FULLY OPENED FOR THE DURATION OF THE DCV (EXCLUDING INTERNAL FIRE DOORS)

hazard: : COVID-19 TRANSMISSION SPEED FLEX STUDIO IF THE CONTROL MEASURES ARE NOT FOLLOWED THE RISK OF TRANSMISSION OF COVID-19 COULD BE INCREASED

Control Measures

A CLEANING STATION WILL BE AVAILABLE TO FACILITATE THE CLEAN AS YOU USE SYSTEM AND THE CLEANING OF EQUIPMENT BY PARTICIPANTS WILL PROMPTED BY THE INSTRUCTOR AT THE START/END OF THE CLASS

- THE AREA WILL HAVE A MINIMUM OF 2 DCV DURING NORMAL OPERATING HOURS IN ACCORDANCE WITH THE DCV GUIDELINES/LOG AND ENSURING ANY 3 DOORS/WINDOWS ARE FULLY OPENED FOR THE DURATION OF THE DCV (EXCLUDING INTERNAL FIRE DOORS)
- CLASSES SHOULD NOT BE TIMETABLED TO START/END SIMULTANEOUSLY (MINIMUM OF 5 MINUTES GAP SHOULD BE IN PLACE) IN THE SAME STUDIO OR 5 STUDIOS IN CLOSE PROXIMITY WHERE THIS WOULD CAUSE CONGESTION/GATHERING BY PARTICIPANTS ENTERING/LEAVING
- ENSURE THOSE ENTERING THE STUDIO MAINTAIN CLEAN HANDS, BY PROVIDING ADDITIONAL HAND SANITISER DISPENSERS AT KEY LOCATIONS AROUND 6 THE FACILITY
- THE INSTRUCTOR SHOULD AVOID SHOUTING, IF A MICROPHONE IS IN USE THIS SHOULD BE DISINFECTED BEFORE AND AFTER USE. MUSIC SHOULD NOT BE PLAYED AT A VOLUME MEANING THE INSTRUCTOR OR PARTICIPANTS WOULD NEED TO SHOUT TO BE HEARD. PARTICIPANTS WILL BE REMINDED TO RAISE THEIR HAND IF THEY WANT THE INSTRUCTORS ATTENTION.

hazard: COVID-19 TRANSMISSION SWIMMING LESSONS IF THE CONTROL MEASURES ARE NOT FOLLOWED THE RISK OF TRANSMISSION OF COVID-19 COULD BE INCREASED

Control Measures

1 PLEASE REFER TO A SEPARATE RISK ASSESSMENT FOR THESE FACILITIES

hazard: COVID-19 TRANSMISSION SMART PATH IF THE CONTROL MEASURES ARE NOT FOLLOWED THE RISK OF TRANSMISSION OF COVID-19 COULD BE INCREASED

Control Measures

1 PLEASE REFER TO A SEPARATE RISK ASSESSMENT FOR THIS ACTIVITY